

# **Effective aNticoaGulation with factor xA next GEneration in Atrial Fibrillation – TIMI 48**

## **Primary Results**

**Robert P. Giugliano, MD, SM, FAHA, FACC**

**On behalf of the ENGAGE AF-TIMI 48  
Executive Committee and Investigators**

# Background

- Warfarin in AF: ↓stroke 64% vs placebo
- Warfarin ↑bleeding and has well-known limitations
- 3 NOACs at least as effective; ↓hem. stroke by 51%<sup>1</sup>

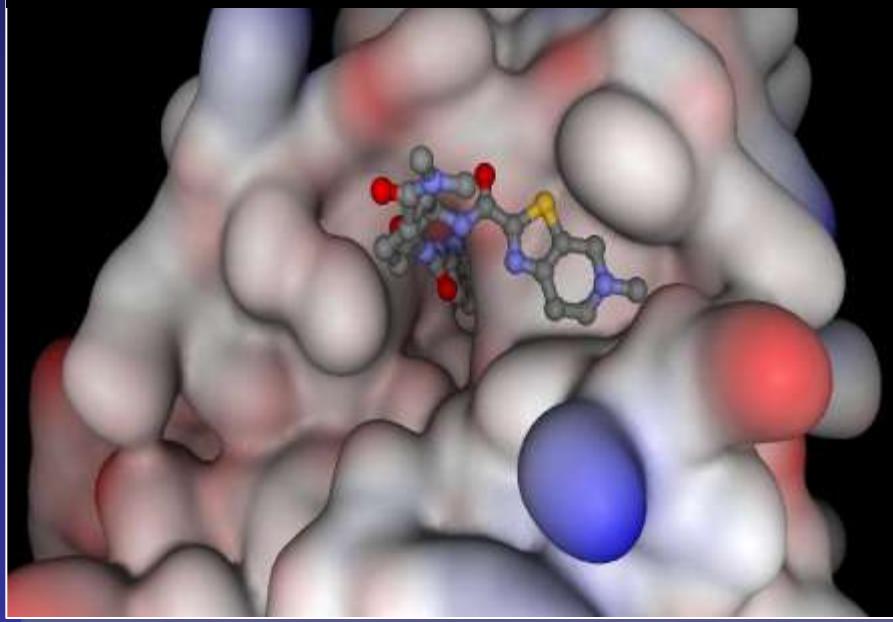
Direct oral  
FXa inhibitor

62% oral  
bioavailability

Peak 1-2h

$t_{1/2}$  ~10-14h

Edoxaban seated in  
Factor Xa catalytic center



Once daily

~50% renal  
clearance

Dose ↓ 50%<sup>2</sup> if:  
- CrCl 30-50 mL/m  
- Weight ≤ 60kg  
- Strong P-gp inhib

# Study Design

**21,105 PATIENTS**

AF on electrical recording within last 12 m  
 $\text{CHADS}_2 \geq 2$

## RANDOMIZATION

1:1:1 randomization is stratified by  $\text{CHADS}_2$  score 2–3 versus 4–6 and need for edoxaban dose reduction\*

Double-blind, Double-dummy

**Warfarin  
(INR 2.0–3.0)**

**High-dose Edoxaban  
60\* mg QD**

**Low-dose Edoxaban  
30\* mg QD**

\*Dose reduced by 50% if:  
- CrCl 30–50 mL/min  
- weight  $\leq 60$  kg  
- strong P-gp inhibitor

**1<sup>o</sup> Efficacy EP = Stroke or SEE**  
2<sup>o</sup> Efficacy EP = Stroke or SEE or CV mortality  
1<sup>o</sup> Safety EP = Major Bleeding (ISTH criteria)

Non-inferiority  
Upper 97.5% CI <1.38

# Trial Organization

## ***TIMI Study Group***

Eugene Braunwald (Study Chair)  
Elliott M. Antman (Principal Investigator)  
Robert P. Giugliano (Co-Investigator)  
Christian T. Ruff (Co-Investigator)  
Suzanne Morin (Director)  
Stephen D. Wiviott (CEC)  
Sabina A. Murphy (Statistics)  
Naveen Deenadayalu (Statistics)  
Laura Grip (Project Director)  
Abby Cange (Project Manager)

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Hans Lanz  
Indravadan Patel  
Minggao Shi  
James Hanyok

## ***Executive Committee***

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Michele Mercuri  
Stuart Connolly  
John Camm  
Michael Ezekowitz  
Jonathan Halperin  
Albert Waldo

## ***CRO: Quintiles***

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Shirali Patel  
Dean Otto  
Joshua Betcher  
Carmen Reissner

## ***Data Safety Monitoring Board***

Freek W. A. Verheugt (Chair)	Allan Skene (Statistician)
Jeffrey Anderson	Shinya Goto
J. Donald Easton	Kenneth Bauer

# Population/Analysis Definitions

## Populations

## Analyses

mITT\*, On-Treatment†

Primary efficacy  
(Non-inferiority)



Intent-to-Treat (ITT)  
All randomized

Superiority  
All events



Safety, On-Treatment†

Principal Safety  
Major Bleeding (ISTH definition)

\* mITT = All patients who took at least 1 dose

† On-Treatment = 1<sup>st</sup> dose → last dose +3 days or end of double-blind treatment

ISTH=International Society on Thrombosis and Haemostasis

# Baseline Characteristics

<b>Median age [IQR]</b>	<b>72 [64, 78]</b>
<b>Female sex</b>	<b>38%</b>
<b>Paroxysmal atrial fibrillation</b>	<b>25%</b>
<b>CHADS<sub>2</sub> (mean ± SD)</b>	<b>2.8 ± 1.0</b>
<b>CHADS<sub>2</sub> ≥ 3</b>	<b>53%</b>
<b>CHADS<sub>2</sub> ≥ 4</b>	<b>23%</b>
<b>Prior CHF</b>	<b>57%</b>
<b>Hypertension</b>	<b>94%</b>
<b>Age ≥ 75 years</b>	<b>40%</b>
<b>Diabetes mellitus</b>	<b>36%</b>
<b>Prior stroke or TIA</b>	<b>28%</b>
<b>Dose reduced at randomization</b>	<b>25%</b>
<b>Prior VKA experience</b>	<b>59%</b>
<b>Aspirin at randomization</b>	<b>29%</b>
<b>Amiodarone at randomization</b>	<b>12%</b>

**No differences across treatment groups**

# 21,105 Patients, 1393 Centers, 46 Countries

UNITED STATES (3907)

CHINA (469)

DENMARK (219)

CROATIA (127)

## Key Trial Metrics

Received drug / enrolled **99.6%**

Completeness of follow-up **99.5%**

Final visit or died / enrolled **99.1%**

Off drug (patients per yr) **8.8%**

Withdrew consent, no data **0.9%**

Lost to follow-up **n=1**

Median time in therapeutic range **68.4%**

[Interquartile range] **[56.5-77.4]**

INDIA (690)

*B. SomaRaju*

BULGARIA (520)

*A. Goudev*

TAIWAN (234)

*S. Chen*

SOUTH KOREA (230)

*N. Chung*

GUATEMALA (136)

*G. Sotomora*

NEW ZEALAND (131)

*H. White*

# Primary Endpoint: Stroke / SEE (2.8 years median f/u)

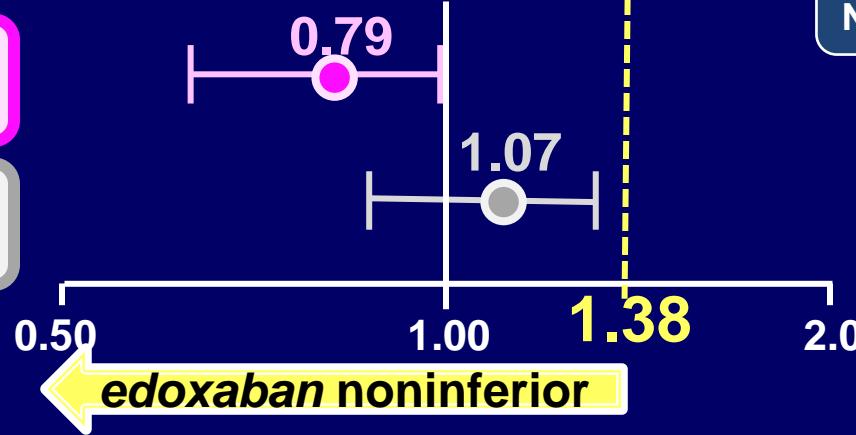
## Noninferiority Analysis (mITT, On Treatment)

Warfarin TTR 68.4%

Edoxaban 60\* mg QD  
vs warfarin

Edoxaban 30\* mg QD  
vs warfarin

Hazard ratio (97.5% CI)



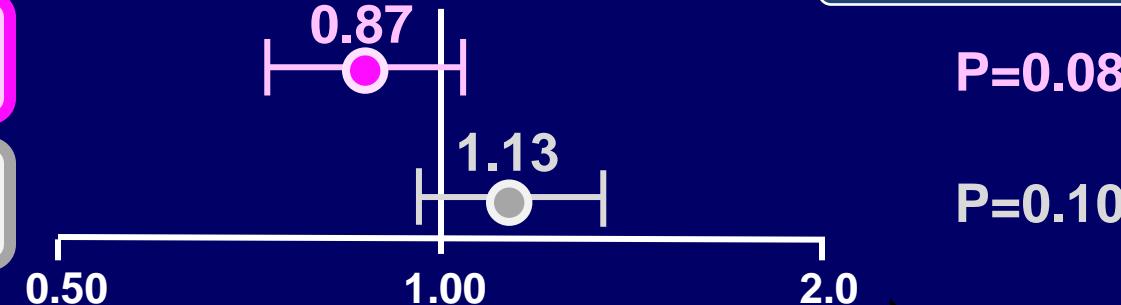
## Superiority Analysis (ITT, Overall)

Edoxaban 60\* mg QD  
vs warfarin

Edoxaban 30\* mg QD  
vs warfarin

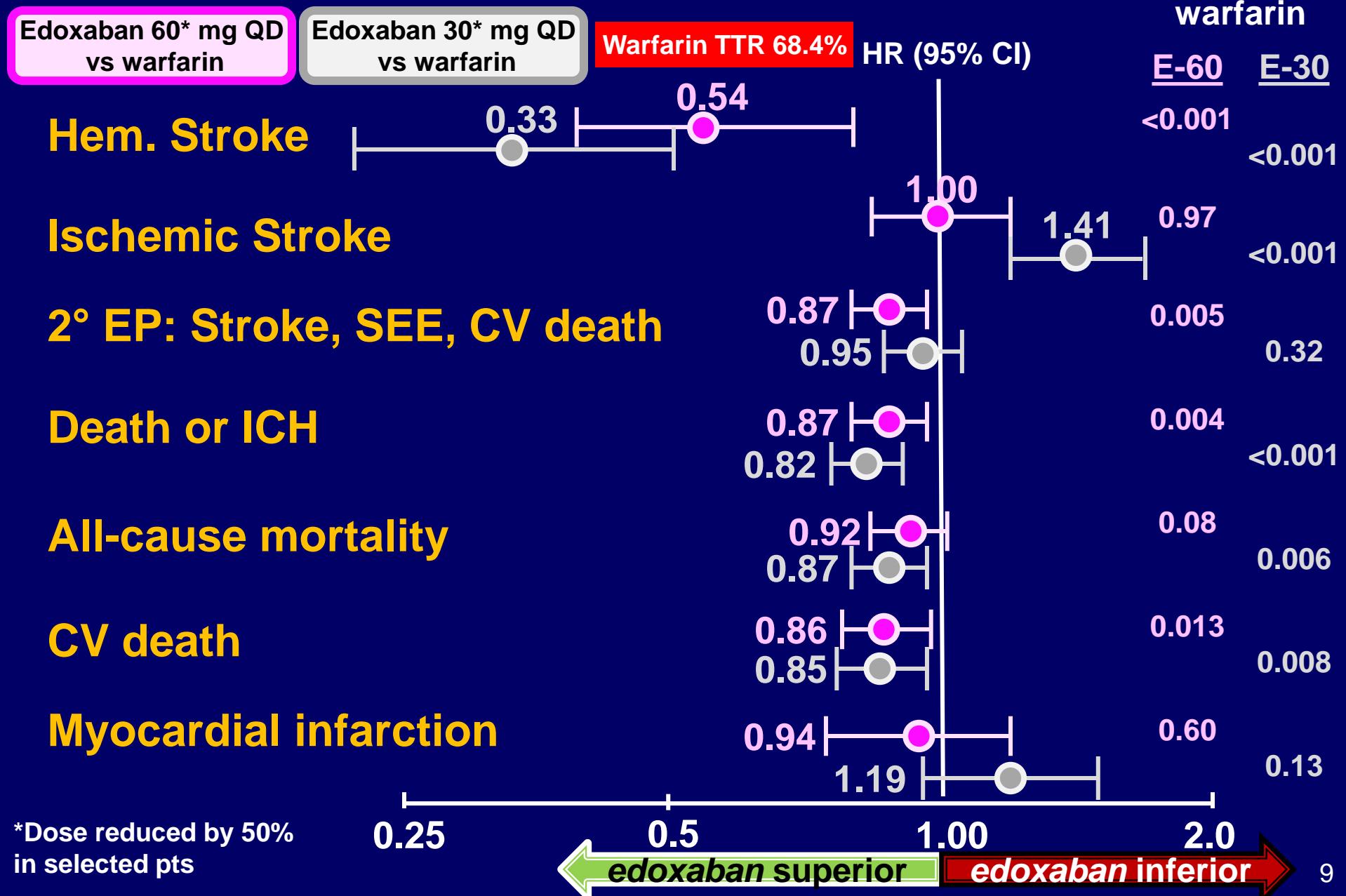
Hazard ratio (97.5% CI)

P Value for Superiority



\*Dose reduced by 50% in selected pts

# Key Secondary Outcomes



# Main Safety Results

## - Safety Cohort on Treatment -

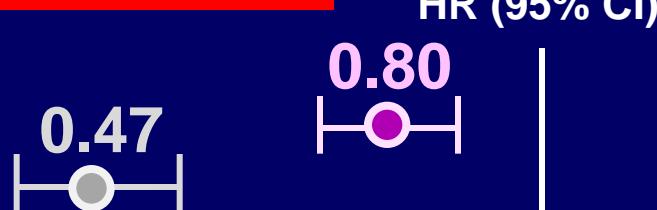
Edoxaban 60\* mg QD  
vs warfarin

Edoxaban 30\* mg QD  
vs warfarin

Warfarin TTR 68.4%

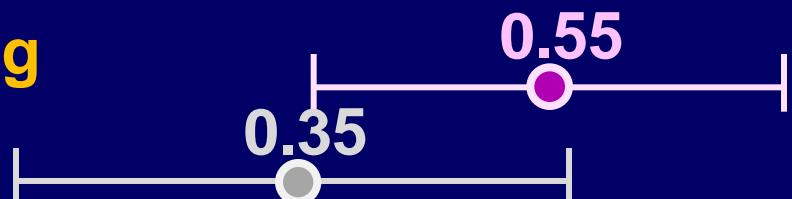
P Value  
vs warfarin

### ISTH Major Bleeding



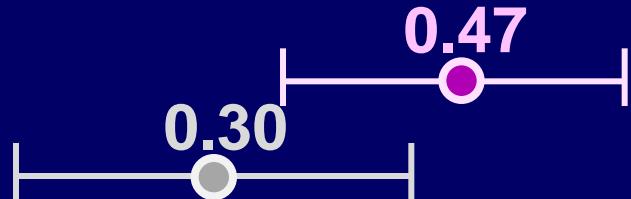
P<0.001  
P<0.001

### Fatal Bleeding



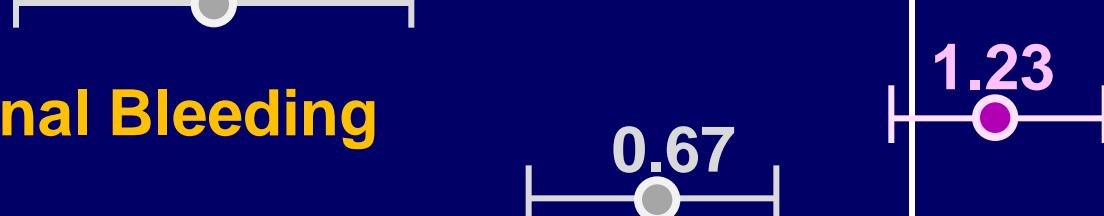
P=0.006  
P<0.001

### Intracranial Hemorrhage



P<0.001  
P<0.001

### Gastrointestinal Bleeding



P=0.03  
P<0.001

\*Dose reduced by 50% in selected pts



Safety cohort=all patients who received at least 1 dose by treatment actually received

# Net Clinical Outcomes

Edoxaban 60\* mg QD  
vs warfarin

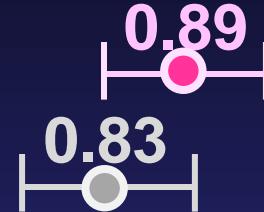
Edoxaban 30\* mg QD  
vs warfarin

Warfarin TTR 68.4%

Hazard ratio  
(95% CI)

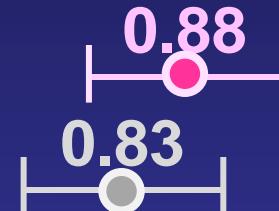
P Value  
vs warfarin

**Stroke, SEE, death, major bleeding**



P=0.003  
P<0.001

**Disabling stroke, life-threatening  
bleeding, death**



P=0.008  
P<0.001

**Stroke, SEE, life-threatening  
bleeding, death**

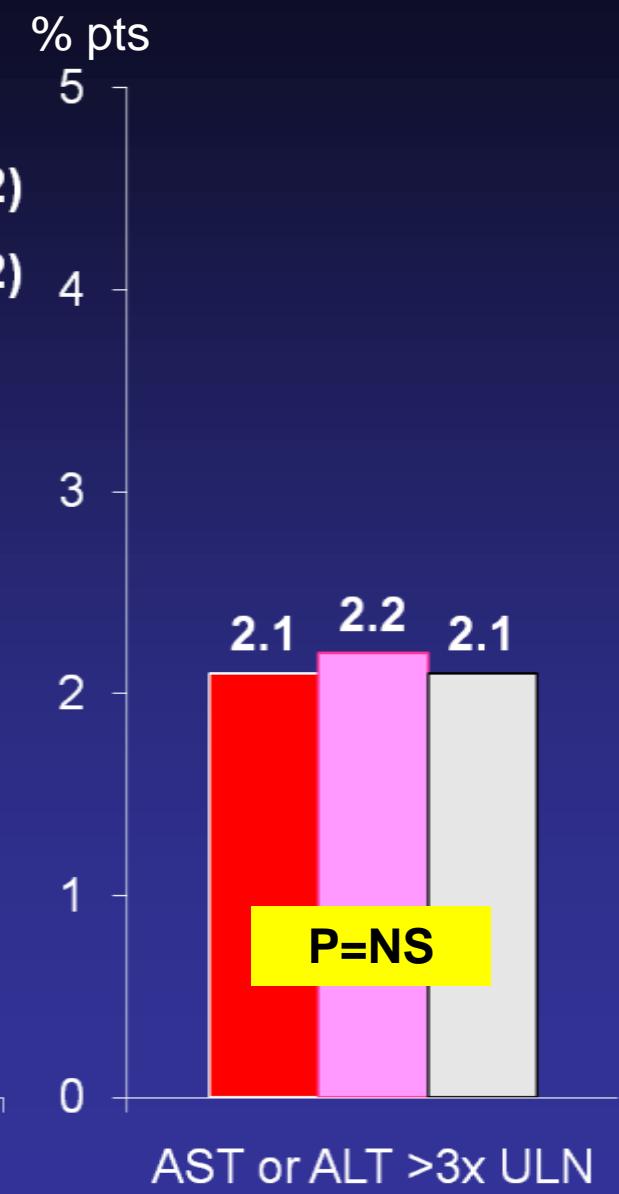
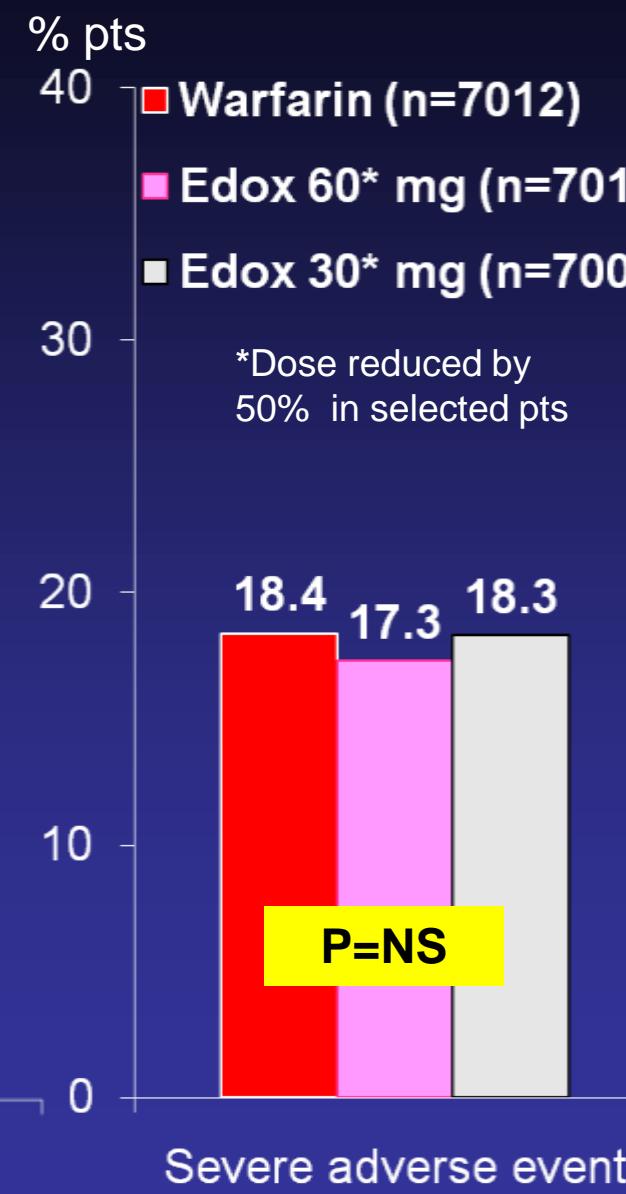
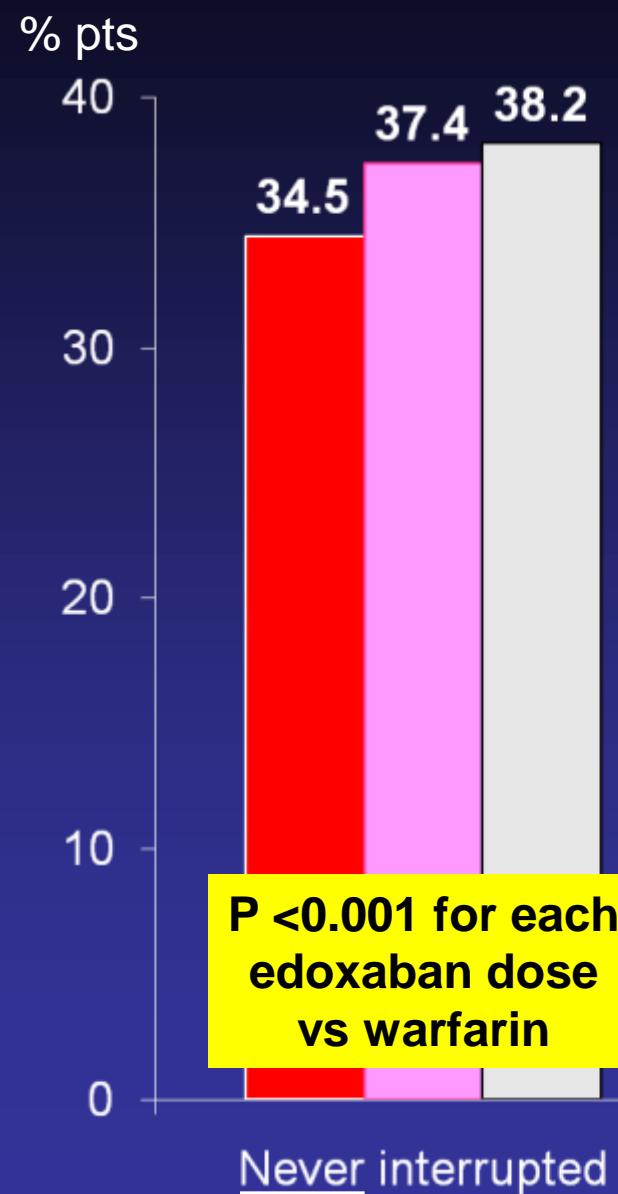


P=0.003  
P=0.007



\*Dose reduced by 50% in selected pts  
SEE=systemic embolic event

# Tolerability and Adverse Events



# Transition Period Outcomes

- All pts transitioned → VKA or NOAC
- If VKA: Frequent INRs, overlapped VKA + edox (30 or 15 mg) for ≤ 2 wks until INR  $\geq$  2.0
- If NOAC: start when INR < 2.0

Events After Transition to Open-label Anticoagulant	Warfarin (n=4503)	High-dose Edoxaban (n=4526)	Low-dose Edoxaban (n=4613)
Stroke or SEE* through 30d	7 (0.16%)	7 (0.15%)	7 (0.15%)
Major Bleeds through 14d	6 (0.13%)	4 (0.09%)	5 (0.11%)

Data shown include all patients on blinded study drug at the end of the treatment period

SEE=systemic embolic event. No SEEs occurred during the 30-day transition period.

# Summary

**Compared to well-managed warfarin (TTR 68.4%) once-daily edoxaban:**

- Non-inferior for stroke/SEE (both regimens)
  - High dose ↓stroke/SEE on Rx (trend ITT)
- Both regimens *significantly* reduced:
  - Major bleeding (20%/53%) - ICH (53%/70%)
  - Hem. stroke (46%/67%)      - CV death (14%/15%)
- *Superior* net clinical outcomes

No excess in stroke or bleeding during transition → oral anticoagulant at end of trial

[www.nejm.com](http://www.nejm.com) DOI:10.1056/NEJMoa1310907

ORIGINAL ARTICLE

## Edoxaban versus Warfarin in Patients with Atrial Fibrillation

Robert P. Giugliano, M.D., Christian T. Ruff, M.D., M.P.H., Eugene Braunwald, M.D.,

THE LANCET

Articles

Comprehensive Meta-Analysis Comparing the Efficacy and Safety of NOACs with Warfarin in AF



Ruff CT, et al. [in press]

European  
Heart Journal

Left Atrial Structure and Function in Atrial Fibrillation: ENGAGE AF-TIMI 48  
Gupta D et al.  
EHJ (in press)

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